

THE UNIVERSITY OF UTAH'S

# ANNUAL PREMED/PREPA CONFERENCE

Blazing New Trails in  
Medicine

**FEBRUARY 26, 2022**  
**9 AM TO 1 PM**  
**ZOOM**



# Schedule of Events

**FEBRUARY 26, 2022**

**9AM-1PM**

Keynote Speaker - 9am

Featured Speaker: Rachel Hess

Breakout Session 1 - 10am

Featured Sessions:

University of Utah School of Medicine, Idaho College of Osteopathic Medicine, Rocky Mountain University of Health Professions, Brittany Cross (PA), Michael Karsy (MD, PhD)

Tabling Session - 11am

Featured Organizations:

Connect2Health, Global Health, RUUTE, UUSOM Admissions, Noorda College of Osteopathic Medicine, Pre Professional Advising Office @ the U, Rocky Vista College of Osteopathic Medicine

Breakout Session 2 - 12pm

Featured Sessions:

Vikas Sharma (MD), MD Doc, Rocky Vista University College of Osteopathic Medicine, University of Utah PA School, Noorda College of Osteopathic Medicine

Closing - 1pm



# Welcome!

Our committee is thrilled that you are joining us for this year's PreMed/PrePA Conference. This year's theme is **'Blazing New Trails in Medicine.'**

While in breakout rooms, and throughout the conference, we ask that you remain muted while speakers are presenting and if you feel comfortable, turn on your video so we can see one another and make this conference as interactive as possible!

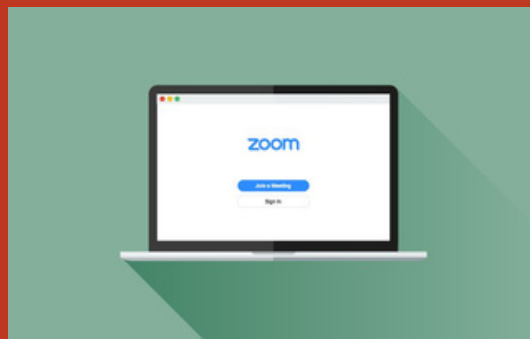
Thank you for joining us! Enjoy!

# Zoom Instructions



## Joining the Meeting

- Go to **zoom.us/join**
- Type in the **meeting ID #** or **click the link** (see the pages below)
- Use the same password for all sessions: **PMPPAC**



## Conference Etiquette

- Stay muted when you enter a session & throughout it when you are not speaking
- **Turn on your camera** when you feel comfortable! We want this to be as **engaging** as possible for everyone - speakers and participants :)



# Opening & Keynote

9:00 - 9:50 am

## "The Winding Road of a Career"

The paths we take to points in our lives are rarely linear, yet the curves are not always apparent to others. Dr. Rachel Hess will talk about her path to academic medicine and how it has swerved along the way.



### Presenter Bio:

Dr. Rachel Hess is a General Internist who serves as the Chief of the Division of Health System Innovation and Research at the University of Utah, and a professor of both Internal Medicine and Population Health Sciences at the School of Medicine. Her research has been helping find ways to better patient-focused outcomes with an emphasis on improving people's health-related quality of life. Dr. Hess is blazing new trails in medicine in the way she is delivering quality healthcare to her patients, leading cutting-edge research projects, and educating the next generation of physicians.

Keynote Zoom Link:

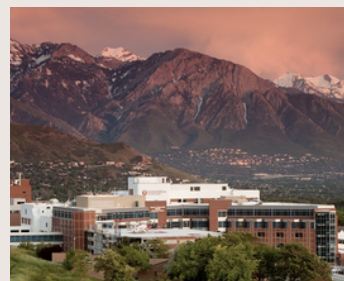
<https://utah.zoom.us/j/95446545931>

# Breakout Session 1

10:00 - 10:50 am

## University of Utah School of Medicine Admissions Session

Learn about the admissions  
process to the University of  
Utah School of Medicine!



Zoom Link:

<https://utah.zoom.us/j/98652677514>

## Idaho College of Osteopathic Medicine Admissions Session

The Idaho College of Osteopathic Medicine is Idaho's first medical school. Join the session with Admission Recruiter Ellie Matthews and University of Utah alumni Student Doctor Joshua Shieh. They will discuss osteopathic medicine, admissions, and what to expect as a student while at ICOM!



Zoom Link:

<https://utah.zoom.us/j/96857564744>

Passcode for all links:  
**PMPPAC**

# Session 1 continued

10:00 - 10:50 am

## Rocky Mountain University of Health Professions - PA Program

Rocky Mountain University of Health Professions will be delivering a seminar on everything PA, discussing admissions, programs, and how to stay involved in the community.

Zoom Link:

<https://utah.zoom.us/j/92698051465>

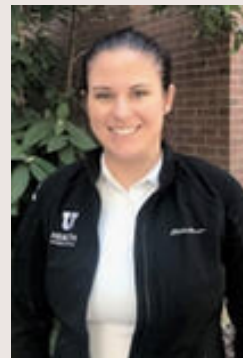


### Brittany Cross, PA

Brittany Cross is a PA working in the Division of Transplantation and Advanced Hepatobiliary Surgery. She'll be discussing what a PA is as well as what to look for when applying to different PA schools.

Zoom Link:

<https://utah.zoom.us/j/96618690831>



Passcode for all links:  
**PMPPAC**

# Session 1 continued

10:00 - 10:50 am

## Michael Karsy, MD, PhD

Dr. Karsy is a skull base neurosurgeon who uses minimally-invasive endoscopic and traditional, open microsurgical approaches to treat tumor and vascular pathologies. He'll be speaking on research in neurosurgery and what that looks like.



Zoom Link:

<https://utah.zoom.us/j/94952020112>

Passcode for all links:  
**PMPPAC**



# Tabling Session

11:00 - 11:50 am

## Connect2Health

Connect2Health's mission is to mobilize student volunteers to link underserved patients with social services, and prepares students to be empathetic future health professionals who understand the importance of social determinants of health.

Learn more about the amazing work that this organization does for the community and interact with student leaders from the program!

Zoom Link:

<https://utah.zoom.us/j/95228375135>



## Global Health - University of Utah

Pam Lyon talks about the U of U's global health programs: surgical skill development in Mongolia, vision care for the Navajo nation, & more!

Zoom Link:

<https://utah.zoom.us/j/98015592454>



Passcode for all links:

**PMPPAC**

# Tabling Session continued

11:00 - 11:50 am

## **RUUTE - University of Utah SOM**

Laura Herring of RUUTE at UUSOM (Rural & Underserved Utah Training Experience) will be sharing information on what RUTTE is and how to get involved at both the Undergraduate and Graduate levels.

Zoom Link:

<https://utah.zoom.us/j/99825906593>

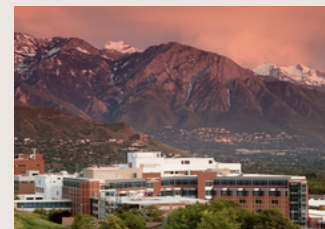


## **University of Utah School of Medicine - Admissions**

Come talk to various representatives from the University of Utah's School of Medicine and ask questions about the admissions process or anything else!

Zoom Link:

<https://utah.zoom.us/j/96438932350>



Passcode for all links:  
**PMPPAC**

# Tabling Session continued

11:00 - 11:50 am

## Pre Professional Advising at the University of Utah

Have quick questions about the process of applying to PA or medical school? Come visit the PreProfessional Advising Office (PPA) Virtual Table for an opportunity to connect with an advisor and learn about the resources available.



Zoom Link:

<https://utah.zoom.us/j/97648438692>

## Noorda College of Osteopathic Medicine

Interested in Noorda College's DO Program?  
Join this session to ask questions from an  
admissions counselor!



Zoom Link:

<https://utah.zoom.us/j/96688521413>

Passcode for all links:  
**PMPPAC**



# Tabling Session continued

11:00 - 11:50 am

## **Population Health Scholars Program - University of Utah School of Medicine**

Come learn more about the Population Health Scholars program was collaboratively developed between the University of Utah and Intermountain Healthcare, the two largest health systems in the state, to train students to be prepared to implement population health concepts into their practice and ultimately return to Utah and the Intermountain West to practice medicine.

Zoom Link:

<https://utah.zoom.us/j/92601798718>



Passcode for all links:  
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# Tabling Session continued

11:00 - 11:50 am

## **Rocky Vista University - College of Osteopathic Medicine**

Interested in learning more about becoming a future doctor and Rocky Vista's DO program? Learn more and ask questions in this session!

Zoom Link:

<https://utah.zoom.us/j/93547614479>



## **Idaho College of Osteopathic Medicine**

The Idaho College of Osteopathic Medicine is Idaho's first medical school. Join the session to ask questions and discuss osteopathic medicine, admissions, and what to expect as a student while at ICOM!

Zoom Link:

<https://utah.zoom.us/j/94493156988>



Passcode for all links:  
**PMPPAC**

# Breakout Session 2

12:00 -12:50 pm

## Vikas Sharma, MD

Dr. Vikas Sharma is an Assistant Professor of Surgery in the Division of Cardiothoracic Surgery at the University of Utah and serves as the surgical lead of the University of Utah Arrhythmia Surgery Program. He'll be presenting what it's like to live as a cardiovascular surgeon, as well as how he incorporates research into his life!



Zoom Link:

<https://utah.zoom.us/j/94788643998>

Passcode for all links:  
**PMPPAC**



# Session 2 continued

12:00 - 12:50 pm

## University of Utah Physician's Assistant (PA) School

PA Jared Spackman has 17 years of experience in pediatrics and is also the Program Director of the University of Utah Physician Assistant program (UPAP). Join the session to hear more about UPAP, their program, admissions, and more from PA Spackman and current PA students themselves!

Zoom Link:

<https://utah.zoom.us/j/93488861965>



## Rocky Vista University College of Osteopathic Medicine - DO Program

Rocky Vista is the first private, for-profit medical school in the US and is a rapidly growing institution. Learn more about the school and becoming a future doctor here!

Zoom Link:

<https://utah.zoom.us/j/95574916653>



Passcode for all links:  
**PMPPAC**

# Session 2 continued

12:00 - 12:50 pm

## Noorda College of Osteopathic Medicine

The Noorda College of Osteopathic Medicine, located in Provo, Utah, is rethinking traditional medical education and creating a new and unique approach that is supportive of today's medical students. Join this session to learn about Noorda's admission process and osteopathic medical program!

Zoom Link:

<https://utah.zoom.us/j/99664211438>



NOORDA COLLEGE  
of OSTEOPATHIC MEDICINE

Passcode for all links:  
**PMPPAC**

# Closing Remarks

*1:00 - 1:15 pm*

We would like to thank everyone who came and participated in our conference whether it was health care providers, programs, or students! We hope you enjoyed it and come again next year.

Please return to the main room for some closing remarks!

Zoom Link:

<https://utah.zoom.us/j/95605763380>

Passcode: PMPPAC



Thank you for  
coming today and  
participating in  
the conference!

# 2022 PMPPAC Student Committee

Carson Sautter

Lydia Altamiranda

Gracie Larsen

Nura Mostaghimi

Good luck on your  
journey to  
MD/DO/PA school  
everyone!

# Special thanks to our incredible presenters...

- University of Utah School of  
Medicine
- University of Utah PA School
- Idaho College of Osteopathic  
Medicine
- Rocky Mountain University of  
Health Professions
- Rocky Vista University College of  
Osteopathic Medicine
- Noorda College of Osteopathic  
Medicine
- Connect2Health @ the U
- Global Health @ the U
- Pre Professional Advising @ the U -  
Rachel Hess, MD
- Vikas Sharma, MD
- Brittany Cross, PA
- Michael Karsy, MD PHD

*thank  
you*